



A clear desk, a clear mind.

No matter where you work, and how you work - hygiene is essential. Now more than ever. In this article we will talk about what you can do to have a cleaner and more productive workspace.

Sharing is not always caring

There are lots of things we humans do without even thinking about it twice. Opening the door, pressing the elevator button, using our laptop/computer keyboard or using the banister. A lot of sharing happens in public spaces. The COVID-19 situation is proof of how important it is to clean everything you touch. One of the things you can do yourself is to clean your own workspace regularly. Most businesses have a cleaning company who is responsible for cleaning the generic spaces in the office. However, they are often prohibited from cleaning many of the surfaces that employees regularly touch due to safety precautions. So, to remove any doubt, take the time to ensure that your own personal workspace is cleaned twice.

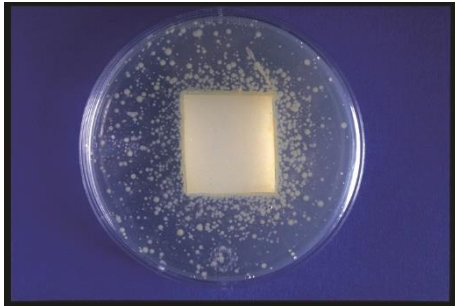
Clean, cleaner, cleanest

You have probably heard that your phone is the epicentre of germs. Well your keyboard is probably a close second. So besides regularly washing your hands, make sure that the other items you regularly touch are [cleaned](#) more often as well. A typical office keyboard can carry up to 7,500 bacteria at any given time. Take the time to make sure all high touch surfaces are regularly wiped down.

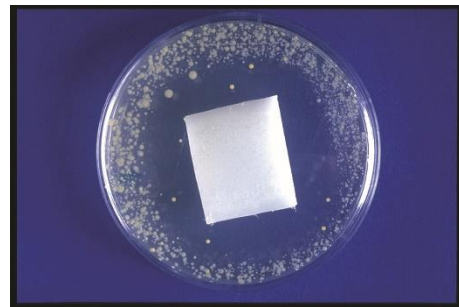
Antibacterial support system

Of course, a workspace completely free from germs is not possible and there are also good germs that benefit our immune systems. But another solution that could help is to use office products that have an antibacterial solution integrated into the product. Look for products that contain a [Microban®](#) or [BioCote®](#) technology. These are everyday workplace essentials that help fight the growth of bacteria on the product's surface, ensuring products remain cleaner and fresher between cleans.

Without Microban® protection



With Microban® protection



Clean equals better performance

[Studies show](#) that people who work/live in a messy environment try to focus on too many things at once, leading to increased stress levels and more cortisol hormones. A fitting solution to consider here is [monitor arms](#). A monitor arm allows you to free up valuable desk space and reduce clutter. A monitor arm with multiple screens can also help employees work up to [30% faster](#). An extra benefit from using a monitor arm is that the screens can be placed into a more ergonomic position which can help prevent strain in the neck, shoulders and eyes.

In the category of reducing clutter from your working environment, you could store items you do not use regularly, but are hesitant to throw away. What else would be better than strong ProStore™ storage boxes? They help to keep your contents dust and moisture free.

So, clean your workplace to remove germs and stay healthy. Equip your workstation to be more productive and stay fit. Organise your workspace to keep everything stored and tidy.

Sources:

<https://smallbiztrends.com/2018/01/clean-office-increases-productivity.html>

<https://collections.lib.utah.edu/details?id=214166>

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